



KSKA NEWS

Kase-Ha Shotokan Karate Academy

Newsletter

April 2019

Welcome ... to the first edition of the KSKA Newsletter for 2019, and thank you to those who have contributed.

Message from Shihan Dirk Heene 8th Dan

Dear members of the KSKA,

Since Mrs. Kase and Sashiko passed away it took us a while to arrange the diplomas and some people are already waiting about one year to get their certificate. Finally we are up to date after a long expedition. After the meeting with Yumiko Kase on the 6th Nov 2018, we decided to restart the contact with the editor in Tokyo and at the 20th March I met Yumiko in Paris and got 100 blanc certificates.

We have also purchased an A3 printer and found somebody qualified in Japanese calligraphy and now we are up to date. In the coming Gasshuku we can hand over the long waited for certificates. This has kept me busy for a while in between the many courses and travelling to control and check the recording, but now everything is alright.

It was good to go along the list of 66 diploma's and memorize the persons who for most of them, I was part of the grading panel. Many Shodans with a potential future in the Academy, but also several 5th and 6th Dans with a long experience in our organisation.

This shows the hard work and the continuous training during many years. We may not underestimate the effort and the coaching of the mentors who were behind these Dan grades: people who are joining for many years the Gasshuku and taking care of the follow up of the program.

In order to make the new program accurate and effective we need attendance on the courses.

In the coming meetings in Espinho and Luxembourg we will help you through your questions about the syllabus and try to clarify the eventual difficulties. Through this way my sincere thank you to the people who were helping and supporting in Portugal, Kuwait, Finland and Israel. The need of a "shido kai" is high noon and feed back from the front lines is necessary.

On the other hand, still many members are dormant for 2019 and only 118 have already payed their membership for this year. We are depending on our fees for the economical foundation of our organisation. Even if You can not join the Gasshuku you can still support our and your organisation through paying your membership fee.

The financial aspect of our organisation is well controlled by Livia Castro and we (administration committee) have a regular transparent overview of our accounts (income and expenses) balance. The Gasshuku and the Kan Geiko are essential activities, but are eating away at our budget

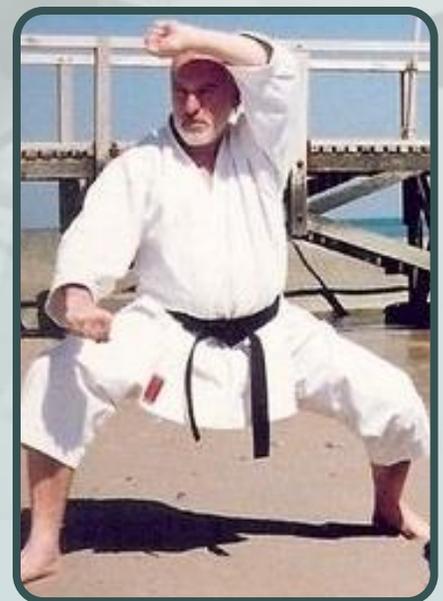
Through this way I am sad to announce the passing of Peter Peschel, Nidan, karate instructor in Dresden and Qi Gong teacher in our KSKA, but especially as a friend and an inspiring person on the level of meridian energy. He organised many Qi Gong Reisen in the Dresden area.

We will miss him on our summer courses in Hasselt. Good luck on your last "Reise".

Life goes on of course, but respect for those who worked in silence and supported Kase Ha in a special way this is the minimum that we can do.

Train hard and keep the courage to improve. See You soon.

Dirk Heene, President and Shihankai member



Shihan Dirk Heene 8th Dan KSKA

In this issue

- Presidents message
- Natsu Gasshuku 2019
- 11th Kangeiko report
- Aki Gasshuku 2019
- Okinawa report
- Membership reminder

Thank you to the contributors of
this Newsletter:-

Shihan Dirk Heene
Organisers of the Natsu
Gasshuku, Espinho
Sensei Pascal Petrella
Organisers of the Aki Gasshuku,
Luxembourg
Sensei Geoff Beasley
Sensei Livia Castro, KSKA
Treasurer

KSKA Natsu Gasshuku Espinho, Portugal



Friday 10th - Sunday 12th May 2019

The first Gasshuku of the year that is to be held in Espinho, Portugal in May is nearly upon us and for those planning to attend, but have not already made your arrangements, then please refer to the KSKA website for further details including hotel accommodation.

Unfortunately the recommended hotel is now fully booked, but with alternatives available within the immediate area. Please be advised that Espinho is a popular holiday destination especially at this time of year.

Those wishing to attend the course dinner on Saturday evening should notify the organiser without delay to also include your menu choice.

Venue: Napoleão Guerra Sportshall

Event Hosts : Kase Ha Shotokan Ryu Karate-Do Academy

Organisation : KSKA Portugal

Point of contact: Sensei Filipe Sancho

Tel.: +35 1912 114 091 **Email:** filipe.sancho@gmail.com

Transport from and returning to the airport is available please refer to the course organiser for details for which there will be a charge of 25 Euro. Please provide details of your flight arrangements.

Members are asked to bring their KSKA passbook for presentation at the registration desk to maintain your record of attendance.

Further details for this course can be found on the KSKA website

Please note those wishing to present a senior Dan grade of San Dan or above at the Aki Gasshuku in Luxembourg in October 2019, are requested to submit their application to the KSKA Secretary on or before the Natsu Gasshuku in May.

Message from the organisers of the Natsu Gasshuku

The organisation of the Natsu Gasshuku in Espinho is anxiously waiting for the moment to receive the Shihankai and the participants and we wish everyone a safe and fantastic trip to Espinho.

We are and will do the very best to provide you with a fantastic weekend, mainly training but also enjoying all the moments with the KSKA Family.

KAMIKAZE
KARATEGI

First class Karate equipment
www.kamikaze.com



SHUREIDO
守礼堂 MADE IN JAPAN
info@kamikaze.com

神風

The 11th KSKA Kangeiko

22nd to 24th February 2019 in Mullheim

For the 11th consecutive year Shihankai Member Pascal Petrella and his team from karate dojo Müllheim organised another unforgettable and very intensive Karate event for all the participants:

Barros S. Raphael (P), Ferreirinho Diogo (P), Sancho Filipe (P), Santos Joao (P), Beauroy Eustache Patrick (F), Tusch Morgane (F), Le Romancer Christian (F), Meignen Fabrice (F), Cerar Peter (G), Gilgin Thomas (G), Kürner Fabienne (G), Liebelt Jörg (G), Longo Paolo (G), Scheuriker Gerhard (G), Sprinz Oliver (G), Cowburn Ashley (UK), Doyle Yvonne (UK), Fernandes Yajaira (ES), Lobo Xavi (ES), Prieto Christobal (ES), Schwartz Leonardo (IS), DeGersm Tom (B), Moruzzi Lorenzo (B), Dauginis Dauginis (Lit), Reiszek Roland (CH), Aratori Davide (I).



Shihankai present: Sensei's Mike Fedyk, Pascal Petrella, Juan-Pablo Delgado, Nico Ibscher

Guest instructor: Morgane Touch (F)

Like all of the Kangeiko's for the organisation team around sensei Pascal Petrella the Kangeiko started 12 month prior to the event, reserving sports hall (done for 2020 already) sending out invitations, reservation hotel rooms, negotiating prices for accommodation and food, documenting the replies, putting up an accommodation list and a pick-up and drop off list also organising the pick-up and drop-off rota with volunteer drivers from the dojo, and most important planning the topics of the training and reconcile the topics with the Shihankai colleagues, choice of a guest instructor in order to give her / him the opportunity to teach in "English" this very highly motivated group with many Shihankai being present.

Not an easy task and at the end of the seminar, paying all the bills and doing the calculation for sensei Livia Castro our KSKA treasurer, before writing an article for the News Letter and choosing representative photographs (thanks to Oliver Sprinz for doing all the pics and video clips during the KSKA Kangeiko) for our General Secretary.

Many of the participants started their journeys already at 3 to 4 am (Israel, Lituania, Spain), hence sensei Pascal took this opportunity not to do a power training, but to do a more technical training to repeat topics from the last Kangeiko and Gasshuku such as rooting, position of the foot on the ground, body alignment, position of joints from foot to shoulders, power transmission from the ground to the point of contact and in order to practice a healthy but also very effective Karate.

Since the participants of the Kangeiko are teachers in their own clubs, it was discussed: what are the common mistakes of students, what points are important and what exercises can we do in order to help the students to feel what is right and what is wrong.

As a teacher we should always have 2 to 5 exercises or explanations of how to eliminate a technical mistake. I like to say a sensei should have a "tool box" of exercises in order to help the students to improve their technical abilities.

The 11th KSKA Kangeiko.....Continued

Ten- Chi-Jin, how to get the universe, the body and spirit in harmony, in order to generate maximum power and speed.

Feel the explosive power; feeling like leg and arms stretch at the same time, but with a mind like Mushin....

Conscious but natural breathing supports and connects all the parts of the body in a moment of focus, but also connecting body and mind Shin-Gi-Tai.

Finishing with Ten No Kata Go, block and counter techniques, focusing on foot and fist together, stability of the front knee during the block, and of course with a conscious natural breathing to support a relaxed, but flowing and explosive motion of the techniques.

Ten No Kata was performed in Zenkuzu Dachi, to practice the hip movement during blocking also in Fudo-Dachi, and practising the hip movement (yet keeping the back foot and knee in a stable, strong and rooted position.

After 2 hours, everybody was happy to go back to the Hotel for dinner and a good rest before the next training.



Pic 2. Sensei's Mike Fedyk and Leonardo Schwartz.

Pic 3. Lorenzo Moruizzi and Davide Aratori with Gyaku-Uraken exercise.



Pic 3.



Pic 4.

Pic 4. Juan Pablo Delgado and Christian Le Romancer.

Pic 5. Juan Pablo Delgado and Nico Ibscher.



Pic 5.

The 11th KSKA Kangeiko.....Continued



Pic 6. Peter Cerar and Xavi Lobo



Pic 9. Gyaku-Uraken exercise, Filipe Sancho and Joao Santos



Pic 7. Yjaira Fernandez and Martin Tietz



Pic 8. Juan Pablo Delgado in Kosa - Dachi



Pic 10. Patrick Beauroy and Diogo Ferreirinho

The 11th KSKA Kangeiko.....Continued

Saturday morning sensei Juan-Pablo Delgado had the task of teaching the new Yondan syllabus topic “Gyaku-Uraken exercise”, Kihon, Kotekitai and against an attacker.

The combination developed by Shihankai member sensei Jim Martin is quite advanced (Yondan level) and needs a lot of technical skill and sensation in order to perform it well, in a stable, rooted position, connection of the body and power transition from the ground to the arm.

Sensei Juan-Pablo started with a static pressure exercises in order to make the participants feel where the position needed to be improved and how the body is connected with the ground with the Hara (Tanden), to sink in the position, lower the centre of gravity at the same time having the pelvis tilted... sensei Kase always said: “attack with your belly, not with your shoulders”.

After the stability exercise sensei Juan-Pablo started with the different Tachi Katas, Yori-Ashi, Zugi-Ashi, Kai-Ashi, Okuri-Ashi, Kiri-Kaeshi etc., making sure the sequence of the combination is clear to everybody. In a second step Tachi Kata and Gyaku-Uraken were combined.

This challenging combination was then repeated several times in different groups, hadjimeeee, hadjimeeee, hadjimeeee.. and after being practiced in kotekitai form. In the end the same sequence of Gyaku Uraken exercise needed to be performed against Oi-Tsuki Chudan attacks.

After a short break sensei Morgane Touch, from Berné, France, a student of sensei Christian Le Romancer had the opportunity to show her level of teaching ability and her idea of Jitte Bunkai, a Nidan level kata.

The training went very well, Morgane tried mostly to teach in English (not so easy for none native speaking people). The Bunkai was good and the group enjoyed the training.



Pic 11. Morgane Tusch and Cristian Le Romancer with Jitte Bunkai



The 11th KSKA Kangeiko.....Continued

After lunch and a short power nap sensei Pascal started moderately with the topic of kicking and a topic which sensei Taiji Kase paid a lot of attention to: "What happens after the kick"!

Am I prepared to block the counter attack....



Pic 13.



Pic 12.

Pic 12. Rafael Barros with Mai-Geri

Pic 13. Thomas Gilgin with Mae-Geri.

Pic 14. Fabrice Meignen and Christobal Prieto.

Pic 15. Tom De Gersem and Peter Cerar.



Pic 14.



Pic 15.

The 11th KSKA Kangeiko.....Continued



Pic 16. Gerhard Scheuriker and Paolo Longo



Pic 17. Tom De Gersem and Diogo Ferreinho

Starting with basic skills like rooting during the kick, pressure of the upper body, how to execute and effect the kick also what points has a teacher to look at and what exercises are their (toolbox), in order to help the students to get the right sensation for the execution of how to deliver kicks like Mae-Geri, Mawashi-Geri, Yoko-geri and Ushiro-Geri.

After executing the above kicks, giving tips on how to apply and how to teach it, sensei Pascal switched to the main topic. Am I prepared to block and deliver a counter technique after the kick at the most vulnerable moment, before the kicking leg touches the ground!! (Seminar Sensei Kase 2001 in Müllheim).

Also the question of how can I do Hiki-Ashi and at the same time protecting myself from a counter Gyaku-zuki with Mawashi-Geri and Ushiro-geri, how to use the snapping back and hip rotation in order to be safe (knee protecting the body).

After that, using Ten-No-Kata combinations Gedan-Barai / Gyaku zuki against a Mae-Geri chudan. How can the attacker protect themselves against the Gyaku-zuki, front or Gyaku arm?

With several people working together in a group, one with their back to the wall, the other six attacking full power Mae-Geri chudan, whilst trying to touch the defender with Mae-Geri and in the same time make sure the counter Gyaku-Zuki is blocked and a punch finishes this battle.

After one round, change leg, change partner change leg, change partner, change leg..... and many, many bruises at the shins and forearms, 90% of the group knew how to attack and how to block also how to move in or to move out.

Despite the pain the group showed excellent fighting spirit together with a great atmosphere that was generated in the sports hall.

The 11th KSKA Kangeiko.....Continued

Kaputt, happy and hungry we all went back to the Hotel to enjoy a meal of salmon with vegetables and rice. We all had good discussions about the future of the academy, upcoming seminars, what and how to practice, talking about life, jobs, family... great evening good talks, good friendship and trust.

Sunday morning sensei Nico started with stretching exercises, mobilising the joints, especially the hip joints. His topic after the mobility training was Heian OYO, both form and Bunkai. But also like in sensei Pascal's training and sensei Juan-Pablo's training where one of the focus points was stability leading from positioning of the foot on the ground.

Sensei Nico explained, imagine we are standing on three points on our foot and on all three points the weight should be equally distributed, especially when turning the hips, the outer point at the edge of the foot, whilst the back leg should be pushed down in the same way the inner point of the foot is pushed down.



Pic 18. Diogo Ferreirinho and Nico Ibscher.



Pic 19. Ashley Coburn and Martin Tietz.



Pic 20. Oliver Sprinz and Fabienne Kurner.



Pic 21. Filipe Sancho and Donatas Dauginis.

The 11th KSKA Kangeiko.....Continued



Pic 22. Yvonne Doyle and Gerhard Scheuiker

Sensei Nico chose several Kata combinations and put them into real fighting combinations, including grasping the throat, how to use Heian Sandan to free oneself from a serious throat grasp.

Time flies at the Kangeiko and with your head full of new impressions, sensations, happy that some things worked, unhappy that some things didn't (who is perfect anyway?).

The Kangeiko ended with a very, very positive feeling also for me when discussing with my colleagues from the Shihankai, the effort that was put into the teaching of our members, setting trigger points in training where we see weaknesses, putting exercises together to develop certain ability's slowly now paying off. The technical level has improved a lot. Now we can take it forward to the next level ...

Shihankai colleague sensei Mike Fedyk was very happy with the outcome of the training, most of the participants have really improved over the years. The good level is now the starting point for a higher level of karate, not only the outer aspects of Karate-Do (technics) but also the inner aspects of Karate-do.

At the end of the training half of the group were happy to go to the hot spring in Badenweiler, others had to go straight to the airport.

At this point may I give a big thank you to the volunteer drivers: Peter Cerar, Martin Brender, Klaus Göppert, Daniel Vomstein and Thomas Gilgin.

Pascal Petrella 7th Dan

Oss

KSKA Aki-GASSHUKU

Luxembourg

11th to 13th October 2019



Under instruction of the KSKA Shihankai

Organisation: Luxembourg Shoshin - Sensei's John Kirby & Luis Albuquerque

Email: Luis.Albuquerque@curia.europa.eu

Phone: +352 691 856 786

Dojo: Hall Omnisports Josy Barthel

2 rue du Stade L-2547 Luxembourg

Training:	Friday	Saturday	Sunday
	19:00 – 21:00hr	10:00 – 11:30hr	10:00 – 12:00hr
		12:00 – 13:30hr	

Grading: Saturday 14:00 – 16:00hr

General Assembly: Saturday 18.30hr Venue: Gastronomica Italian

Course-Dinner: Saturday 12th October 2019 @ 19.30hr

The course dinner will be held at: **Gastronomica Italian, 83 Rue de Hollerich, 1741 Luxemburg**

Academy members wishing to attend the course dinner should notify Sensei John Kirby before 11 September 2019. The cost for the dinner is 30€ per person.

Accommodation: Choice of Hotels include - Hotel Le Châtelet at Boulevard de la Pétrusse

Best Western or Grand Hotel Victor Hugo at Rue Victor Hugo near Glacis Square

Youth Hostel, direct booking required as rooms cannot be pre-booked by the organiser

Reservations should be made directly with the hotel of your choice.

Don't forget to advertise your course on the KSKA website.

Send details to:

secretary@ksk-academy.org



KSKA International Instructors Certificate

Don't forget the availability of the KSKA Instructors Certificate. The application form and qualifying criteria is available from the website that once complete should be sent to the KSKA Secretary.

Certificates are valid for three years where the renewal process and price 25 Euro is the same as the initial application. [Click here](#) to download an application form

One Ticked-off the Bucket List by Geoff Beasley

In terms of karate history, Okinawa offers the mystique of a by-gone era that for many represents the Mecca for practicing martial artists inviting a magnetic draw.

For many years I have wondered what it would be like to travel and train in the home land of modern day karate, made famous by names including such legends as Matsamura, Itosu, Matobu and Funakoshi.

So in January 2019 I hit the trail with a 19-hour flight via Helsinki and Tokyo to finally arrive on the island of Okinawa. Tired but delighted to have reached this mystical land I was overwhelmed by the generosity of this gracious nation where the people are so respectful and couldn't do enough to help.

The hotel was modern and well-appointed also centrally placed whilst providing good access via the mono-rail system although many of the places that I wanted to visit were a little off the beaten track that were only accessible on foot.

Having occasionally used chop-sticks, here was my opportunity to perfect the technique whilst the food was wholesome and delicious. It didn't take me long to master and for the entire week I used nothing other.

Not only was it the intention to find somewhere to train, but I also wanted to visit some of the infamous land marks that were made famous by the perilous balance the Okinawans faced when bartering trade between China and Japan.

Although the island suffered near complete devastation during WW2, Shuri Castle has since been fully restored to the original design and was high on my priority list of places to visit.



Shuri Castle, Great Hall



Model of the central courtyard



Main gate of Shuri Castle

Standing on the elevated battlements looking-out across the harbor took me back to the days of the great masters.

What must they have felt as they watched the ships sale across the waters bringing goods or perhaps a premature end for the unarmed islanders if the visitors' intentions were more than just trade.

Cont.....

One Ticked-off the Bucket List

According to the book; 'Shotokan Secrets', the various unarmed combat strategies that are embodied within our kata were formulated within the castles great hall, along its narrow corridors and spiraling stairways and here I was experiencing the unmistakable spirit of a bygone era. Oh to have been there living and training amongst the greats of the day.

Now it was time to find a dojo and experience the primary reason for my trip. Prior research advised that one could not simply turn-up and expect to join a class. Unless participation had been pre-arranged and usually via a broking agent then it would be difficult to gain acceptance.

My luck was in as the sequence of unfolding events opened the very door that I so desired.

Armed with details from the hotel reception I set out to find the Shorin-Ryu dojo of Master Minoru Higa located in downtown Okinawa and along the narrow back streets. Traveling first by mono-rail and then on foot I followed the directions that proved more difficult than had been expected.

Almost at the point of giving-up hope of finding the dojo, I asked a non-English speaking Uchinaanchu (local) not expecting the reaction that transpired.

Instead of simply pointing me in the general direction, she hailed a taxi then accompanied me on the final leg of the journey before leading me into a multistory building and ascending the many floors to find the dojo.

Here I was greeted by Master Minoru Higa and his son who were curious to know how I had found their dojo and on who's recommendation.

At this point my knight in shining armor once again stepped-in to make the formal introductions and in doing so, gained immediate acceptance, paving the way for me to partake in the training that was to follow.

Changed and ready to go, I noted that numbers attending the Master's private dojo were relatively few, approximately twelve in total. But the quality and commitment of those participating spawned a tremendous spirit driving the class on in unison to a crescendo of physical achievement.

The teaching was basic if not a little repetitious, but at the same time exacting in that extreme concentration was required, whilst the pace and focus was relentless.

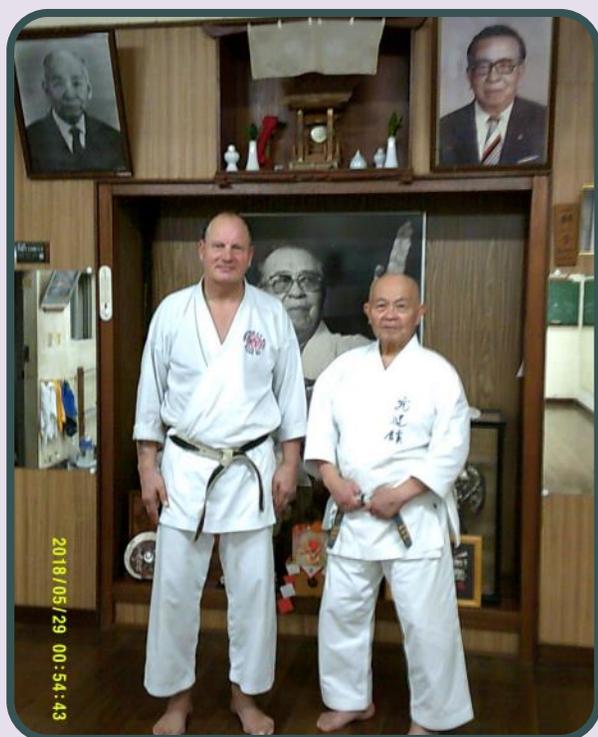
Three of the Master's female students trained alongside me and with mechanical precision they never missed a beat or eased off the pace as they maintained power and kime throughout the class demonstrating a high level of technical ability, strength and endurance.

Visitors from Argentina had swelled the class numbers who later advised the content and pace of training is also emulated in their own country and dojo.

Throughout Master Higa kept a watchful eye, offering subtle guidance on the finer details to ensure perfection of technique was maintained.

Training lasted 90 minutes, but the intense pace was relentless and at the end I could feel the exertion had taken its toll.

Bowing-off in the traditional manor before Master Higa extended a warm invitation for me to join the group for a small meal prepared by his wife. A simple bowl of rice was enjoyed as the class sat cross-legged on the floor cementing friendship through discussion and in the true spirit and tradition of karate.



Left: Master Minoru Higa with the author Geoff Beasley.

Above: Sharing a simple meal at the end of training.

One Ticked-off the Bucket List

Returning to the dojo two days later and now better prepared for what was to come. Once again the class started with basics at an intense pace. There is something to be said about repartition training.

Whilst the techniques may be simple, the manner and spirit in which they are performed commands improvement especially when applying the principles of Kase-Ha with rooting, breathing and control being generated from the core.

Perhaps the most subtle difference in training styles were the high stances, but this allowed for fluid movement especially when performing kata.

At the end of a long and tiring class, I was invited to demonstrate my preferred kata. With an abundance to choose from, I could not believe the words that slipped from my lips; "Gojushio Sho". What was I thinking!

There was no going back and digging deep into my reserves, I presented my chosen kata. Note to self, next time don't be so ambitious, but with a degree of self-satisfaction and no matter how tired I was, inwardly I knew that I had delivered a good performance and one that received an appreciative nod from the Master.

A visit to the Karate Kaikan (museum) that is intended to preserve and promote the roots of traditional karate was a highlight especially the splendor of Shurei Hall and the red tiled roof where the exhibits took me back to the early days mapping the development of modern day karate.

The WW2 naval headquarters and underground tunnels were next on the agenda and to experience the level of hardship the Okinawan's must have endured as their homeland was so brutally destroyed.

My third trip to the dojo was received with a warm

welcome. As my body and expectations were now prepared for the class to come.

The related warm-up was followed by more precision basic techniques that were beginning to transcend from simple movement. The techniques were practiced in an almost spiritual fashion as one connected with your body whilst responding to the feed-back.

Gone were any thoughts of fatigue and in its place the desire to perform to one's best ability and not for the acknowledgment of the Master, but for one's inner satisfaction.

Leaving the dojo with a warm glow inside, I knew that I had performed to the best of my ability and could leave the Island having tested my martial spirit and achieved one of my lifelong ambitions.

The timing of my return flight meant that I was unable to attend the Saturday class as by now I was feeling strong and ready for more.

The style of karate had been different to how we normally train, the stances were higher, but the principle of developing energy and maintaining correct form through repartition I found a great experience, whilst the warmth of the people was unmistakable leaving me with a host of fond memories.

If someone were to invent a mode of transport that could teleport me to the other side of the world in just a few seconds then I would make a visit to Okinawa an annual pilgrimage.

Sensei Geoff Beasley 7th Dan



KSKA Membership Renewals 2019

A polite reminder to those who have not already renewed their KSKA membership for 2019 where this can be done during the Natsu Gasshuku to be held in Espinho, Portugal next month.

Cost of the annual re-affiliation has remained at **60€** that if you wish can be settled by bank transfer and directly in to the KSKA account as detailed below.

Please note that non payment could lapse your membership and will be shown as dormant, therefore you will not be eligible to enjoy the benefits of membership or vote on Academy issues during the General Assembly.



The following account should be used for all payments made in Euro's to the KSKA

IBAN BE80 0017 9066 6577

BIC code GEBABEBB

Account Name: KASE HA SHOTOKAN RYU KARATE-DO ACADEMY VZW

Address: Herckenrodebosstraat 40, 3511 Kuringen

Bank: BNP PARIBAS FORTIS

A special message to those from non EU countries or for those paying in currencies other than the Euro.

Please note that bank charges may apply and as such account should be taken when calculating the total amount as all bank charges must be born by the member so as to ensure the total sum that is received by the KSKA is 60 Euro.

Membership application : www.ksk-academy.org/div/membership-application-form.pdf

Please note that records are retained in accordance with the GDPR

Please stay in touch

To continue to receive communication from the KSKA, if you change your email address or have a message that wish to be presented to the Academy, please inform the Secretary otherwise you could be missing out on vital information.

secretary@ksk-academy.org