

# KSKA NEWS

Kase Ha Shotokan



Academy

Kase-Ha Shotokan Karate Academy

Newsletter

December 2025

**Welcome ... to the December 2025 issue of KSKA News!**

This third and last newsletter of the year 2025 brings you reports of some of the recent KSKA activities, an updated calendar for upcoming activities as well as important information about the next Aki-Gasshuku in Espinho (Portugal) and the (second) Natsu-Gasshuku of 2026 in Müllheim (Germany), administrative information and course flyers. All this to stimulate you to continue training hard in the tradition of and with respect to Sensei Kase.

**Message from Shihan Dirk Heene 9<sup>th</sup> Dan, President of the KSKA****Dear Members,**

Remembering some 20 years ago, the Christmas time and the connected holidays were always the occasion for a special karate course, the seminar with Sensei Kase in Paris.

Since 1970 after the European championship in Brussels, I always visited every year's Christmas seminar. It was a source full of refreshing information and a meeting point with the French karatekas from the Paris area.

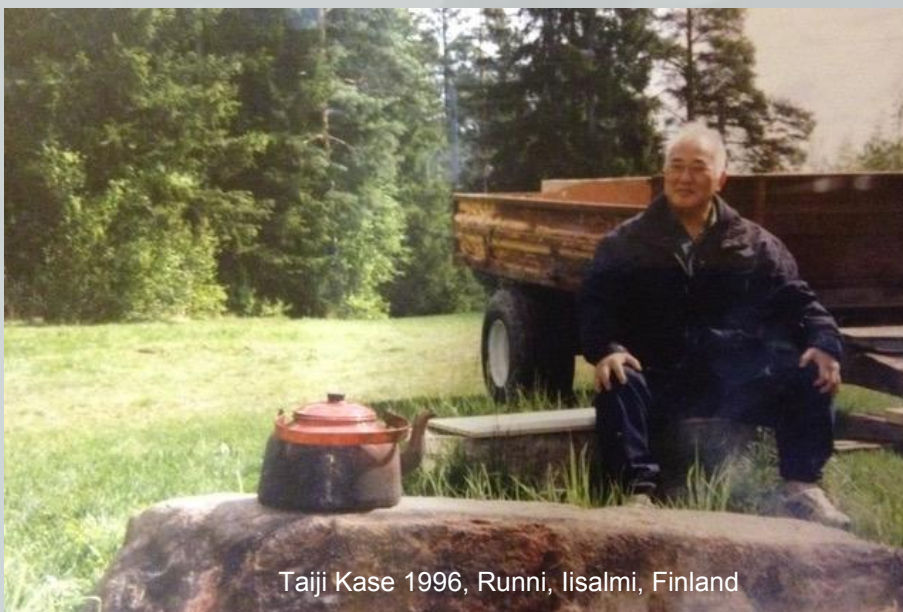
Still competing against them and being a member of the Belgian kumite and kata team, it was a complete different karate experience and the first contact with kata – kumite and bunkai.

As a young sports teacher in the high school, I was limited to the school holidays to travel to seminars abroad Belgium. The Christmas seminar was in that period an event I was looking forward to, to recharge the batteries and gather the inspiration for the coming months.

In the Honbu Dojo in Hasselt we try to keep this "end of year" experience and organise trainings almost every day... even on Christmas Day. It is often surprising who is turning up after a long time, sharing the atmosphere.

Soon we start again with our regular seminars, and I hope to see you there.

Through this way I wish to thank all the Shihankai members and the senior instructors for keeping the



Taiji Kase 1996, Runni, Iisalmi, Finland

**Message from Shihan Dirk Heene 9<sup>th</sup> Dan, President of the KSKA**

spirit in the Shotokan Ryu Kase Ha.  
Stay healthy and keep the spirit.

Dirk Heene  
President of KSKA  
Member of Shihankai

Kase Ha Shotokan

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**Message from Tom Van Achte, Secretary of the KSKA****Dear Members,**

In this newsletter you can find some course reports, pictures, announcements and flyers of upcoming courses. I want to thank everyone who contributed to this. You will also find all available information about the first Gasshuku of 2026, Espinho (Portugal) and the currently available information about the second Gasshuku of 2026, which will be held in Müllheim (Germany), second weekend of October 2026.

If you are a member and you are NOT receiving e-mails or the newsletter, please let me know asap, then we can check / add your e-mail.

Please keep sending your course announcements (with at least 1 Shihankai member teaching) and for sure more course reports and pictures to be included into the Newsletters, thanks again!

Wishing you and your loved ones all the best in 2026, hope to meet you in person!

Tom Van Achte,  
Secretary of KSKA





### **A Journey to Australia – A Karate Adventure By Sensei Arie Farkash, October 2025 Taken from the KSKA Australia Newsletter**

After completing our final preparations in Israel, we set out on a long journey of about 25 hours, with stops in Cyprus and Doha, before finally arriving in Perth (Thursday 02 October), where my dear friend Mark Smith welcomed us warmly. That very evening we went straight to Sensei Gerry Freemans' dojo in Hilton, Perth. A typical KSK basic training session was taught.

The atmosphere was wonderful, we met new friends, and for me, it marked a perfect start and smooth adjustment to Australia. During our free days, we explored Perth – visiting the aquarium, the beautiful beaches, and enjoying great restaurants. Mark took time off work and dedicated himself fully to making our stay comfortable and enjoyable.

On Friday, Sensei Shamyla (Shotokan Karate Club located in Mount Hawthorn, Perth), the club owner and a wonderful friend, took us on a fun day out with her lovely children. The kids connected instantly, and we spent some truly delightful days together.

This was my second visit to Sensei Shamylas' Dojo, and I was happy to see the group's progress. I especially enjoyed training with the children, who showed remarkable focus and a true karate spirit. With the adult group, we worked on reinforcing the fundamentals of karate, achieving an impressive and satisfying level of performance. All credit goes to Sensei Shamyla, who gave her all to make our stay such a memorable experience.



From Perth, we flew to Sydney, where Sensei Kora and Ron greeted us as warmly as ever. Emma gave our meeting a special family touch, and we all enjoyed serving her with love. We visited the zoo, the aquarium, and explored the city together. In the evening, we met Sarah, a dear long-time friend, and—naturally—the conversation soon turned to karate.

After Sydney, we flew to Byron Bay – an amazing place filled with wonderful people. We stayed with Kathy and John, Mark Smith's mother and partner. Mark joined us again, taking us on trips to the Gold Coast, Movie World, and other attractions. We truly lived like top-tier tourists!

Of course, karate was always at the heart of our journey. We trained at Sensei Richard Marlins' Dojo in Lismore (Wednesday 8 October), focusing on self-defense using an ordinary T-shirt – a simple yet highly effective technique. The participants loved it, as did we.

On Saturday (11 October), Sensei Jean, the head instructor of the Byron Shire Shotokan Karate club, organized a two-hour children's class followed by an adult training session. We again concentrated on the fundamentals of karate, reaching advanced levels of performance in the spirit

## Reports of recent KSKA activities



of Kase Sensei, our spiritual father.

We were treated to heartfelt local hospitality – Mark went above and beyond to make us comfortable, and Jean hosted us on Sunday for a day at Byron Beach, where we swam in the ocean and even enjoyed local falafel!

Next, we flew to Melbourne, where Mark handed us over to the capable hands of Starky, who took two days off work to show us Melbourne from his own personal perspective. It was a fantastic experience of fine food, beaches, and local culture.



Naturally, we didn't skip karate – on Thursday (16 October), we trained at Sensei Edji's Dojo, focusing on high-level fundamentals. The group was deeply engaged and the atmosphere was electrifying.

The next day, Sensei Nerida took charge and spent the morning with us. In the afternoon we held two quality sessions at her dojo: the children's class centered on core principles of karate, while the adult session delved deeply into the Kase-Ha philosophy, emphasizing the mental and practical aspects of karate. Everyone gave their best, and we all enjoyed outstanding, high-quality karate. Mark Sensei remarked that it was simply fantastic to train together. Special thanks to Sensei Edji and Sensei Nerida, who made these events both possible and thoroughly enjoyable.

After Melbourne, Mark drove us to Sale, where we visited Sensei Mark Johnson's Dojo. We were welcomed like family and experienced truly heartwarming hospitality. On Saturday (18 October), we held three training sessions: one for children, focusing on the basics, and two for youth and adults, emphasizing Kase-Ha karate and its self-defense applications. We concluded with Heian Nidan Oyo Bunkai – a free, practical interpretation of the kata Heian Nidan. The participants left with a sense of having learned something meaningful about themselves.

The next day, Mark Johnson took us on a tour of the Gippsland region, sharing his deep knowledge of Aboriginal history – a true privilege for us. Our sincere thanks to Mark Johnson for his hospitality, effort, and the joyful experience he created for us. And of course, over a few beers that evening, we found ourselves discussing karate in Australia and around the world – always a pleasure!

Finally, on Monday (20 October), we began our journey back home. The flights and connections were smooth, and we returned filled with unforgettable memories and a wonderful sense of joy.







## **40 Years of Kase Ha Karate in Finland – History, Friendship and Tradition**

**By Raimo Lappalainen 6th Dan, KSKA, Chairman of Kase Ha Finland**

In 1986, the direction of Finnish karate history changed significantly when Hans Harthoorn from the Netherlands came to Kajaani to conduct training. His visit sparked the beginning of international cooperation with the students of Sensei Taiji Kase and opened a direct connection to the Central European karate world.

Even before Sensei Taiji Kase visited Finland, few Finnish karatekas had already taken part in his seminars abroad. In the spring of 1990, Finnish karatekas participated in a seminar led by Taiji Kase and Hiroshi Shirai in Malmö, Sweden (30 March – 1 April 1990). The participants included Jarmo Laasanen and Anja Kailanko from Kajaani, Hannu Annunen from Oulu, and Raimo Lappalainen from Iisalmi. Later that year, on 7–9 September 1990, a Finnish group returned to Malmö for another Taiji Kase seminar, with Raimo Lappalainen, Harri Kähönen, and Minna Hartikainen from Iisalmi in attendance. These early contacts were crucial, as they built experience, trust and relationships that later allowed Kase Ha karate to take root in Finland.

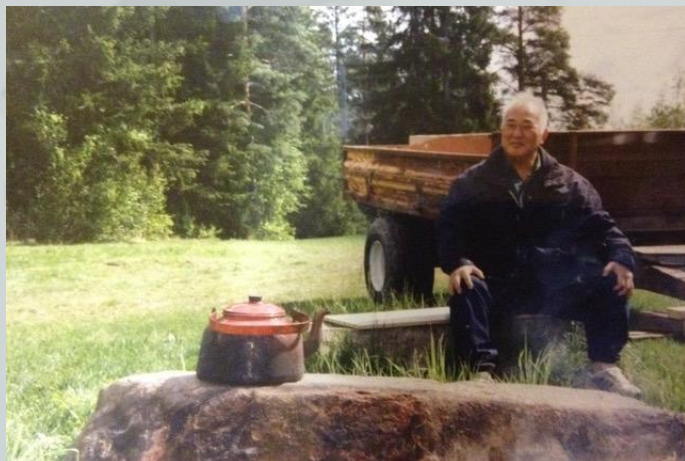
Another important step was taken in 1989, when Jaap Smaal from the Netherlands came to Finland to conduct his first seminar on 13–15 January 1989. He continued to teach annually in Finland until 1991, further strengthening connections within the European karate network. In January 1991, Dirk Heene from Belgium visited Finland for the first time together with Jaap Smaal. This marked the beginning of a long and meaningful cooperation with Dirk Heene that continues to this day.

### **A Pivotal Summer at the Honbu Dojo in Hasselt, Belgium**

The year 1992 became a turning point for Finnish Kase Ha karate. That summer, Finnish practitioners spent several months training at the Honbu Dojo in Hasselt, under the instruction of Dirk Heene and at seminars led by Taiji Kase. The group included Jarmo Laasanen, Hannu Annunen, later joined by Raimo Lappalainen, as well as Ilkka Piironen, Ari Kärki, Jari Juntunen, Niina Kauppinen, and Anja Kailanko from Kajaani. This period was one of the most significant in Finnish karate history: it laid the foundation for the establishment of the Finnish Karate Shotokan Academy and made it possible to invite Sensei Taiji Kase to Finland.

### **Taiji Kase in Finland**

Sensei Taiji Kase visited Finland for the first time on 30 October – 1 November 1992, conducting a seminar in Kajaani. This visit was a historic and long-awaited moment for the Finnish Kase Ha community. After that, Taiji Kase visited Finland annually, teaching in Kajaani, Oulu, Iisalmi, Jyväskylä and Tampere, with his final visit taking place in 2002. His teaching and spiritual legacy have left a lasting imprint on the development of Finnish Kase Ha karate, and his influence continues to live on through the karate of his students.



## Reports of recent KSKA activities



Cooperation with Dirk Heene, which began in 1991, has deepened over the years. In recent times, Shihan Dirk Heene has visited Finland four times a year to conduct seminars — in February, May, July and September.

If you look closely to the picture, Maybe you might also recognise another Shihankai member, well protected against the cold (side-note from your Secretary)

#### 40th Anniversary Year – 2026

In 2026, Kase Ha Finland celebrates 40 years of cooperation with its international friends and a deep commitment to the Kase Ha tradition.

#### Key Seminars in 2026

6–8 February 2026 – Winter Seminar, Sonkajärvi

Sensei Dirk Heene will lead the winter seminar at Hombu Dojo (Aittokoskentie 553, Sonkajärvi). The dojo facilities include a cottage with a hot tub and a traditional Finnish sauna, as well as affordable accommodation for more than 20 participants. Transportation can be arranged from Kuopio Airport to the seminar venue and back.

#### 24–26 July 2026 – Main Event:

Summer Seminar, Kalajoki

Kalajoki offers participants the opportunity to experience one of the northernmost and widest sand-beach destinations in Europe. The extensive beaches invite swimming, beach sports and family-friendly activities. The nearest airport is in Oulu. We recommend considering a “Tour de Finland” concept in July: arriving in Helsinki by ferry with your own car, then visiting Kase Ha clubs along the route Helsinki – Jyväskylä – Iisalmi – Oulu – Kalajoki. The return journey can follow the scenic western coastline through Finland’s beautiful archipelago.



The Kalajoki area also includes the Rahja Archipelago and the Kallankarit islands – Maakalla and Ulkokalla, where summer boat trips are organized and visitors can explore traditional fishing culture. The Kallankarit have a centuries-old autonomous self-governance, dating back to Swedish-era regulations from 1771, and island affairs are still decided through the traditional Kari Assembly.



## Reports of recent KSKA activities



In Kalajoki, visitors can also enjoy diverse nature and a wide range of leisure activities, including jet skiing, windsurfing, beach volleyball, cycling and boat excursions in the Rahja Archipelago. More info here: <https://visitkalajoki.fi/en/>

Other Dirk Heene Seminars in 2026

22–24 May 2026 – Spring Seminar, Hombu (Sonkajärvi)

18–20 September 2026 – Autumn Seminar, Hombu (Sonkajärvi)

We warmly invite all friends of Kase Ha karate to celebrate the important events of 2026, especially the February and July seminars—and, if possible, to join us at the other seminars as well.

Travel in Finland and Kalajoki

Finland is a diverse travel destination where pristine nature, thousands of lakes, and northern wilderness offer unforgettable experiences for both those seeking tranquility and active travelers. In summer, Finland provides bright nights, hiking in national parks, fishing, canoeing, and the enjoyment of traditional Finnish sauna culture.

Kalajoki is renowned for its wide sandy beaches and high-quality tourism services. The Hiekkasärkät area offers numerous activities and local events attract visitors from across Europe. The Rahja Archipelago and the Kallankarit islands complete the experience with their unique maritime history and living cultural traditions.

Information about upcoming seminars will be shared online at [www.kaseha.fi](http://www.kaseha.fi) and on Facebook:

Kase Ha Finland. Seminar brochures can also be requested directly from me at [info@hombu.fi](mailto:info@hombu.fi).



### KSKA Aki-Gasshuku, Luxembourg, October 10<sup>th</sup> - 12<sup>th</sup> 2025 (Luxembourg)

The second weekend of October 2025 Luxembourg, the vibrant and beautiful capital of the country with the same name, Luxembourg was the place to be for many KSKA members and other karateka to attend the second Gasshuku of 2025 held from Friday October 10<sup>th</sup> till Sunday October 12<sup>th</sup>. This time of year the temperatures in Luxembourg were moderate, the sun was shining, all was good.

The training hall was located very close to the old city center. It turned out to be a modern, well maintained facility, a very good choice from the course organisation, the local club Soshin Karate EC Luxembourg, a club with a long and rich Kaseha tradition and history and until today actively supported by Shihan Dirk Heene who travels regularly to Luxembourg to teach. Soshin also provided a bar area where sandwiches, some power food and many drinks were on offer, very nice!

## Reports of recent KSKA activities



The first session (open to all attending) on Friday evening was led by Sensei Nico Ibscher. Theme of this training was kata Niju Shiho. Some typical elements from the kata were taken out and studied deeply to explore the many possibilities in a typical Nico Ibscher way, always with practical applications in mind and always a challenge for the participants. As usual the buildup of the training was very good, challenging and very interesting applications were shown, explained and trained. For all details we would like to refer you to the course DVD, more info further in this newsletter.

The second session of this Gasshuku, for the KSKA members on Saturday morning was led by Sensei Jim Martin, focussing on 2 kihon and kumite combinations, starting easy but gradually building up into 2 combinations that were trained in kihon and with partner extensively. Of course there were also excellent demonstrations by Sensei Jim himself and some other senior KSKA members, that also really helped. It was a very interesting and challenging training session for most participants. It was a lot to take in for most members, but very valuable information to train on and to further develop your karate.



At the same time the non-members enjoyed a good training session with Sensei Pascal Petrella focussing on the technical basics in kihon and kumite.

After a short break, the second Saturday sessions started. The non-members enjoyed a training session with Sensei Juan Pablo Delgado, focussing on kata Bassai Dai and Kanku Dai.



The members were trained by Sensei Mike Fedyk, focussing on a combination of the 9 closed hand blocks (as part of the Shodan grading syllabus) combined with the 9 open hand blocks (as part of the Nidan grading syllabus) in both kihon and kumite. In the kumite the blocks were alternated between closed hand and open hand blockings, giving you a total of 18 combinations of attacks (tori), blocks and counter attacks (uke), counter attacks to be chosen freely or limited, for

example 1 counter attack with open hands or any other possible combination. Then repeat attacking with the ura side, gives you an exercise with 36 combinations, switch between uke and tori and you double up again to ... 72 combinations ... you get the picture? It can become a very long, challenging brain training as well, but also very physical. "Good stuff" as Sensei Michaylo would maybe say himself.



## Reports of recent KSKA activities



After the second training session on Saturday there was a grading, 2 people passed for 7<sup>th</sup> Dan, congratulations to Leonardo Schwartz (Israel) and Gerry McGeoch (Scotland).

On Saturday evening, the traditional course dinner was held in a cosy restaurant called 'Elephant Rouge' (Red Elephant) offering a buffet with an interesting mix between Moroccan and Eastern food and drinks. It was a well attended course dinner as we almost exclusively filled up the entire restaurant and we enjoyed the different food styles.



The Sunday session (and last session of this Gasshuku) was a group training with everyone, led by Shihan Dirk Heene, offering a summary of the entire weekend and also (at the end of the training) going back to the form of the kata Niju Shiho. All the energy that was left in the participants bodies was used to go all out during this interesting training session. If you want more info or if you want to study all of the details, we kindly remember you that you can always order the DVD of this course to further study and train all the aspects of this training session (and the 3 other training sessions of course).

The Shihankai and Executive Committee wish to thank all the participants and congratulate Soshin Karate EC Luxembourg for their splendid organisation and hospitality!

Report by Tom Van Achte, your Secretary.

#### 42<sup>nd</sup> Autumn Training Weekend, Ham, October 17<sup>th</sup> - 19<sup>th</sup> 2025 (Belgium)

The weekend after the Luxembourg Gasshuku, the yearly Autumn Training Weekend happened again in Ham, Belgium led by Shihan Dirk Heene and Sensei Nico Ibscher.

The theme of this weekend was kata Niju Shiho, further deepening the knowledge and technical applications of this kata and adding typical Nico Ibscher warming up exercises with tennis balls, wooden sticks and other fun stuff. Great trainings, great atmosphere, see you all next year. If you have not yet attended this weekend, maybe next year you should think about it.

Report by Tom Van Achte, your Secretary.



## Overview of future KSKA activities

**Honbu Dojo Kan Geiko, Hasselt (Belgium)**

January 3<sup>rd</sup> - 4<sup>th</sup> 2026, Sensei Dirk Heene, Tom De Gersem

Contact: [info@honbudojo.be](mailto:info@honbudojo.be)

**Seminarium Kase Ha Karate Do, Grudziadz (Poland)**

January 9<sup>th</sup> – 11<sup>th</sup> 2026, Sensei Dirk Heene

Contact: [vagran@interia.pl](mailto:vagran@interia.pl) (Marcin Zawada)

**Trainingslager, Neuenhagen Bei Berlin (Germany)**

January 21<sup>st</sup> - 25<sup>th</sup>, Sensei Dirk Heene

Contact: [Pferdeheike@gmx.de](mailto:Pferdeheike@gmx.de)

**Talvi Leiri, Sonkajärvi (Finland)**

February 6<sup>th</sup> – 8<sup>th</sup> 2026, Sensei Dirk Heene & Kase Ha Finland

Contact: [info@hombu.fi](mailto:info@hombu.fi)

**16<sup>th</sup> KSKA Kangeiko, Mullheim (Germany)**

February 20<sup>st</sup> - 22<sup>nd</sup> 2026, under direction of the KSKA Shihankai

!!! ONLY on personal invitation by the Shihankai !!!

Contact: [p.petrella@ksk-academy.org](mailto:p.petrella@ksk-academy.org)

**Training Weekend, Buti (Italy)**

March 19<sup>th</sup> – 23<sup>rd</sup> 2026, Sensei Dirk Heene, Cesare del Pellegrino

Contact: [info@honbudojo.be](mailto:info@honbudojo.be)

**Training Weekend, Aveiro (Portugal)**

April 10<sup>th</sup> – 12<sup>th</sup> 2026, Sensei Dirk Heene

Contact: [lkarate.dojos@gmail.com](mailto:lkarate.dojos@gmail.com)

**GNKA, Aberdeen (Scotland)**

April 18<sup>th</sup> - 19<sup>th</sup> 2026, Sensei Dirk Heene

Contact: [info@gnka-karate.com](mailto:info@gnka-karate.com)

**Training Weekend, Jerez de la Frontera (Spain)**

April 24<sup>th</sup> - 26<sup>th</sup> 2026, Sensei Dirk Heene

Contact: [club.dakentai@gmail.com](mailto:club.dakentai@gmail.com)

**KSKA Natsu-Gasshuku, Espinho (Portugal)**

May 8<sup>th</sup> - 10<sup>th</sup> 2026, Shihankai

Contact: [filipe.sancho@gmail.com](mailto:filipe.sancho@gmail.com)

**Touku Leiri, Sonkajärvi (Finland)**

May 23<sup>rd</sup> - 24<sup>th</sup> 2026, Sensei Dirk Heene & Kase Ha Finland

Contact: [info@hombu.fi](mailto:info@hombu.fi)

If we missed some of the courses (with at least 1 member of the KSKA Shihankai attending) in this overview, please let us know! Click the contact emails to send a direct e-mail from this PDF (the link will open your standard mail program).

We need YOUR help with date, place, a short description of the course theme and possibly a flyer and some pictures. Please e-mail this info to [secretary@ksk-academy.org](mailto:secretary@ksk-academy.org)  
We also intend to use this information to publish activities on the KSKA website.



## Overview of future KSKA activities

**Memorial Kase, Hasselt (Belgium)**

May 29<sup>th</sup> – 31<sup>st</sup> 2026, Sensei Dirk Heene, Sensei Jim Martin, Sensei Leonardo Schwartz

Contact: [info@honbudojo.be](mailto:info@honbudojo.be)

**BKSA 40+ Stage, Zomergem (Belgium)**

(Please note: Minimal age is 40 years to participate)

June 7<sup>th</sup> 2026, Sensei Dirk Heene + guest trainer Johnny Bruggeman (Tai Chi)

Contact: [info@kuraido.be](mailto:info@kuraido.be)

**Szkolenie Karate Shotokan, Czluchow (Poland)**

June 13<sup>th</sup> – 14<sup>th</sup> 2026, Sensei Dirk Heene, Grzegorz Konieczka

Contact: [karate.czluchow@gmail.com](mailto:karate.czluchow@gmail.com) (Sensei Pawel Zielinski)

**Training Weekend, Espinho (Portugal)**

June 19<sup>th</sup> – 21<sup>st</sup> 2026, Sensei Dirk Heene

Contact: [filipe.sancho@gmail.com](mailto:filipe.sancho@gmail.com)

**XXVI International Karate-Do Summer Course, Cadiz, (Spain)**

July 2<sup>nd</sup> - 5<sup>th</sup> 2026 (date and trainers to be confirmed)

Contact: [kskcadiz@gmail.com](mailto:kskcadiz@gmail.com)

**Kesa Leiri, Kalajoki (Finland)**

July 24<sup>th</sup> – 26<sup>th</sup> 2026, Sensei Dirk Heene

Contact: [info@honbudojo.be](mailto:info@honbudojo.be)

**Summer Course Honbu Dojo, Hasselt (Belgium)**

August 21<sup>st</sup> – 23<sup>rd</sup> 2026, Sensei Dirk Heene

Contact: [info@honbudojo.be](mailto:info@honbudojo.be)

**Trainingslager, Kyokyu Dojo Rudolstadt (Germany)**

August 28<sup>th</sup> – 30<sup>th</sup>, Sensei Dirk Heene

Contact: [kontakt@kyokyu.de](mailto:kontakt@kyokyu.de)

**Ruska Leiri, Sonkajärvi (Finland)**

September 18<sup>th</sup> - 20<sup>th</sup> 2026, Sensei Dirk Heene

Contact: [info@hombu.fi](mailto:info@hombu.fi)

**Memorial Course Brezinski – Achilles, Berlin (Germany)**

September 23<sup>rd</sup> – 27<sup>th</sup>, Sensei Dirk Heene

Contact: [pferdeheike@gmx.de](mailto:pferdeheike@gmx.de)

**KSKA Aki-Gasshuku, Mullheim (Germany)**

October 9<sup>th</sup> – 11<sup>th</sup> 2026, Shihankai

Contact: [p.petrella@ksk-academy.org](mailto:p.petrella@ksk-academy.org)

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## Overview of future KSKA activities

**43<sup>rd</sup> Autumn Training Weekend, Ham (Belgium)**

October 16<sup>th</sup> – 18<sup>th</sup> 2026, Sensei Dirk Heene, Nico Ibscher

DAN grading october 17<sup>th</sup>

Contact: [tomvanachte@gmail.com](mailto:tomvanachte@gmail.com) or [secretary@ksk-academy.org](mailto:secretary@ksk-academy.org)

**GNKA, Aberdeen (Scotland)**

November 20<sup>th</sup> - 22<sup>nd</sup> 2026, Sensei Dirk Heene

Contact: [info@gnka-karate.com](mailto:info@gnka-karate.com)

**Trainingslager, Kyokyu Dojo Rudolstadt (Germany)**

November 27<sup>th</sup> - 29<sup>th</sup> 2026, Sensei Dirk Heene

Contact: [kontakt@kyokyu.de](mailto:kontakt@kyokyu.de)

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## Natsu-Gasshuku Espinho 2026

**KSKA Natsu-Gasshuku Portugal 2026****Friday 8<sup>th</sup> May – Sunday 10<sup>th</sup> May 2026****Under instruction of the KSKA Shihankai**

The first Gasshuku of the year 2026 / Natsu-gasshuku will be held in Espinho, Portugal, where the KSKA welcome your attendance in support of the Academy.

Organisation: KSKA Portugal  
Filipe Sancho

Email: [filipe.sancho@gmail.com](mailto:filipe.sancho@gmail.com)

Phone: +351 912 114 091

Dojo: Napoleão Guerra Sports Hall (Pavilhão), Rua da Mina, 59, 4500-704 Espinho

**Training:**

<b>Friday</b>	<b>19:00 - 21:00</b>
<b>Saturday</b>	<b>10:00 - 11:30 and 11:45 - 13:15</b>
<b>Sunday</b>	<b>09:30 - 11:30</b>

**Grading:**

<b>For sandan and higher grades ONLY</b>
<b>Saturday from 14:00</b>

Course Dinner: Saturday 9<sup>th</sup> May 2026 @ 20:00  
Restaurante O Golfinho, Rua (street) 2, Nr. 663, in Espinho,  
Menu : 35 EUR per person including starters, vegetable soup, main course,  
selection of drinks, dessert and coffee.  
Anyone wishing to attend the course dinner should notify the course  
organizer **before April 30<sup>th</sup> 2026**.

Accommodation: Exe Praia Golfe Hotel, Rua (street) 6, PraiaGolfe building in Espinho,  
<https://www.eurostarshotels.co.uk/exe-praia-golfe.html>  
Using the Promo Code "NATSUGASSHUKU2026". Please reserve **before April 1<sup>st</sup> 2026** for reduced rates.

Travel: Porto airport is the closest airport to fly to.

KSKA Passport: Registration opens one hour before the start of the training.  
Members please present your KSKA passport to the Secretary upon registration  
for signature of attendance.

Natsu-Gasshuku Espinho 2026

## KSKA Natsu-Gasshuku Portugal 2026

Friday 8<sup>th</sup> May – Sunday 10<sup>th</sup> May 2026

Under instruction of the KSKA Shihankai



Course Fee: Non-KSKA Members: 60,00 EUR full course or 15,00 EUR per training.  
KSKA Members: no charge.

Participant Level: All non-members are welcome to attend from the level of **3<sup>rd</sup> kyu** (brown belts) and above.

GDPR: Please note that a group photograph will be taken during this course and could be published on the KSKA website and/or Newsletter. Should you wish not to participate due to privacy reasons that is your prerogative and you should withdraw whilst the photograph is being taken.  
Other than the above and as far as is reasonably practicable, the taking and publishing of video or photographs will be restricted, but the KSKA cannot not be held responsible for individual actions that fall outside of our control. There can be a KSKA video recording of the instructions.

KSKA Note: The course organiser and/or Kase Ha Shotokan Ryu Karate-Do Academy cannot be held responsible for any loss, damage or injury that may occur during the Gasshuku.



## Aki-Gasshuku Müllheim 2026

**KSKA Aki-Gasshuku Germany 2026**Friday 9<sup>th</sup> October – Sunday 11<sup>th</sup> October 2026

Under instruction of the KSKA Shihankai



The second Gasshuku of the year 2026 / Aki-gasshuku will be held in Müllheim, Germany where the KSKA welcome your attendance in support of the Academy.

Organisation: Dojo Müllheim  
Pascal Petrella

Email: p.petrella@ksk-academy.org

Phone:

Dojo: to be confirmed

**Training:**  
**Friday 19:00 - 21:00**  
**Saturday 10:00 - 11:30 and 11:45 - 13:15**  
**Sunday 09:30 - 11:30**

**Grading:** **For sandan and higher grades ONLY**  
**Saturday from 14:00**

Course Dinner: Saturday 10<sup>th</sup> October 2026 @ XX:00  
Place, menu, time and price to be confirmed  
Anyone wishing to attend the course dinner should notify the course organizer **before October 1<sup>st</sup> 2026**.

Accommodation: More info will follow when available.

Travel: More info will follow when available.

KSKA Passport: Registration opens one hour before the start of the training.  
Members please present your KSKA passport to the Secretary upon registration for signature of attendance.

Course Fee: Non-KSKA Members: 60,00 EUR full course or 15,00 EUR per training.  
KSKA Members: no charge.

Participant Level: All non-members are welcome to attend from the level of **3<sup>rd</sup> kyu** (brown belts) and above.

Aki-Gasshuku Müllheim 2026

## KSKA Aki-Gasshuku Germany 2026

Friday 9<sup>th</sup> October – Sunday 11<sup>th</sup> October 2026

Under instruction of the KSKA Shihankai



**GDPR:**

Please note that a group photograph will be taken during this course and could be published on the KSKA website and/or Newsletter. Should you wish not to participate due to privacy reasons that is your prerogative and you should withdraw whilst the photograph is being taken.

Other than the above and as far as is reasonably practicable, the taking and publishing of video or photographs will be restricted, but the KSKA cannot not be held responsible for individual actions that fall outside of our control. There can be a KSKA video recording of the instructions.

**KSKA Note:**

The course organiser and/or Kase Ha Shotokan Ryu Karate-Do Academy cannot be held responsible for any loss, damage or injury that may occur during the Gasshuku.



## KSKA Membership Renewals 2026

**KSKA Membership Renewals 2026**

Membership renewals for 2026 will fall due from the 1<sup>st</sup> January and in order to maintain the consistency of the Academy, payments should be made via the KSKA Treasurer Livia Castro with details as included below ASAP.

**The KSKA annual membership fee remains at € 70,00**

The following account should be used for all payments made in Euros to the KSKA

IBAN BE80 0017 9066 6577

BIC code GEBABEBB

Account Name: KASE HA SHOTOKAN RYU KARATE-DO  
ACADEMY VZW

Address: Herckenrodebosstraat 40 3511 Kuringen

Bank: BNP PARIBAS FORTIS

**A special message to those from non EU countries or for those paying in currencies other than the Euro:**

Please note that **bank charges** may apply and as such account should be taken when calculating the total amount payable as all bank charges must be met by the member so as to ensure **the total sum that is received by the KSKA is 70,00 Euro.**

Please note that KSKA membership records are retained in accordance with the GDPR.

In the past the KSKA had to pay banktransfer-costs for several memberships from the UK and Switzerland, so be sure when you pay your membership from a non-Euro country that you pay in Euro and click the bottom 'All costs for the person who does the transfer'. Thank you.

## Course DVD's

**Release of DVD boxes**

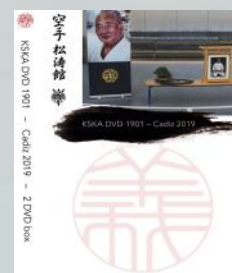
As a means of communicating recent changes to the KSKA Grading Syllabus, the Shihankai demonstrate the core principles on the 11 following DVD boxes that are currently available (the plan is that more will follow in the future, we will of course keep you informed about this).

**Important notice :** please make sure NOT to distribute any of the content on the DVD's in any digital form, the watermarked discs are intended for your personal use ONLY.  
Thank you for respecting this !

**DVD box n°1 – DVD 1901**

contains 2 DVD 's filmed during the summer course in Cadiz 2019

Disc 1:	Tekki Nidan (+ bunkai)	Sensei François Van Binst
	Shiho Uke	Sensei Dirk Heene
	Kumite (at the beach)	Sensei Dirk Heene
	Kumite Combination	Sensei François Van Binst
	Tekki Sandan bunkai	Sensei Nico Ibscher
	Open Hand combinations	Sensei Jim Martin
	Kata Jitte (+ bunkai)	Sensei Pascal Petrella
Disc 2:	Kata Heian 1 – 5 go	Sensei Juan Pablo Delgado
	Shiho Uke level 2	Sensei Dirk Heene



## Course DVD's

**DVD box n°2 – DVD 1902**

contains 2 DVD's filmed during the Gasshuku in Luxembourg 2019

- |         |                                                                                                                                                                     |                                                                          |
|---------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------|
| Disc 1: | Open hand combinations + geri waza in 4 directions<br>(for the full explanation of all applications please purchase DVD boxn°1)<br>Kumite<br>Kata Meikyo (+ bunkai) | Sensei Jim Martin<br><br>Sensei Michaylo Fedyk<br>Sensei Pascal Petrella |
| Disc 2: | Warming up<br>Movements in kihon en kumite at Sandan level                                                                                                          | Tom De Gersem<br>Sensei Dirk Heene                                       |

After the release of the first and second DVD box the Shihankai decided to film every Gasshuku, so members who attended can review the topics and details, members who were not able to attend can study the topics through the DVD's.

**DVD box n°3 – DVD 2101**

contains 2 DVD's filmed during the Gasshuku in Ham October 2021

- |         |                                                                                    |                                             |
|---------|------------------------------------------------------------------------------------|---------------------------------------------|
| Disc 1: | Hente techniques (3 combinations)<br>Kata Jitte (+bunkai)                          | Sensei Dirk Heene<br>Sensei Pascal Petrella |
| Disc 2: | Kata Ji'in (+bunkai)<br>Closed hand techniques (seite – hente) in kihon and kumite | Sensei Dirk Heene<br>Sensei Pascal Petrella |

**DVD box n°4 – DVD 2201**

contains 2 DVD's filmed during the Gasshuku in Müllheim May 2022

- |         |                                               |                                             |
|---------|-----------------------------------------------|---------------------------------------------|
| Disc 1: | Kumite Shodan level<br>Sochin with open hands | Sensei Pascal Petrella<br>Sensei Jim Martin |
| Disc 2: | Open hand combinations<br>Sochin Oyo Bunkai   | Sensei Michaylo Fedyk<br>Sensei Dirk Heene  |

**DVD box n°5 – DVD 2202**

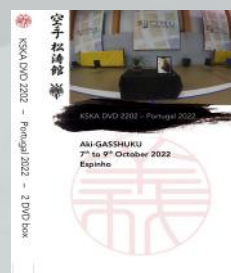
contains 2 DVD's filmed during the Gasshuku in Espinho October 2022

- |         |                                                                                         |                                                     |
|---------|-----------------------------------------------------------------------------------------|-----------------------------------------------------|
| Disc 1: | Ten no Kata with open hands<br>Neko Ashi Dachi in kata Goju Shiho Dai                   | Sensei Pascal Petrella<br>Sensei Juan Pablo Delgado |
| Disc 2: | Goju Shiho Dai omote and ura (combination)<br>Double block combinations<br>Yondan level | Sensei Michaylo Fedyk<br>Sensei Dirk Heene          |

**DVD box n°6 – DVD 2301**

contains 2 DVD's filmed during the Gasshuku in Hasselt May 2023

- |         |                                                                                       |                                                 |
|---------|---------------------------------------------------------------------------------------|-------------------------------------------------|
| Disc 1: | Basic Kase Ha karate<br>Fourth Dan program                                            | Sensei Dirk Heene<br>Sensei Jim Martin          |
| Disc 2: | Nijushiho omote and ura (combination)<br>Sochin (omote, ura, go, Ura-go, oyo, bunkai) | Sensei Michaylo Fedyk<br>Sensei Pascal Petrella |



## Course DVD's

**DVD box n°7 – DVD 2302**

contains 2 DVD's filmed during the Gasshuku in Dippoldiswalde October 2023

Disc 1:	Heian Oyo Defensive kicking	Sensei Nico Ibscher Sensei Dirk Heene
Disc 2:	Kumite in 4 directions Summary of the weekend	Sensei Pascal Petrella Sensei Jim Martin

**DVD box n°8 – DVD 2401**

contains 2 DVD's filmed during the Gasshuku in Liverpool May 2024

Disc 1:	Closed hand kumite Kanku No Kata Oyo	Sensei Pascal Petrella Sensei Michaylo Fedyk
Disc 2:	Open hand techniques Combinations (open hands - kicks)	Sensei Juan Pablo Delgado Sensei Jim Martin

**DVD box n°9 – DVD 2402**

contains 2 DVD's filmed during the Gasshuku in Barcelona October 2024

Disc 1:	Kihon & kumite basics Kaiten	Sensei Michaylo Fedyk Sensei Dirk Heene
Disc 2:	Sochin (omote, ura, go, ura-go, oyo and bunkai) Summary of the weekend	Sensei Pascal Petrella Sensei Juan Pablo Delgado

**DVD box n°10 – DVD 2501**

contains 2 DVD's filmed during the Gasshuku in Helsinki May 2025

Disc 1:	Jiin (omote, go, applications) Kihon & kumite combinations	Sensei Juan Pablo Delgado Sensei Jim Martin
Disc 2:	O-waza, chu-waza, ko-waza Kumite	Sensei Dirk Heene Sensei Pascal Petrella

**\* NEW \* DVD box n°11 – DVD 2502**

contains 2 DVD's filmed during the Gasshuku in Luxembourg October 2025

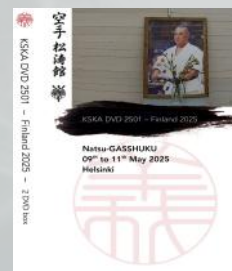
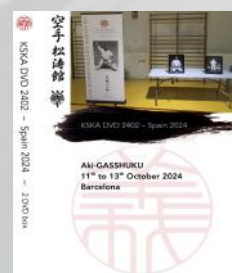
Disc 1:	Niju Shiho Kihon & kumite combinations	Sensei Nico Ibscher Sensei Jim Martin
Disc 2:	Open hand / closed hand Summary / Niju Shiho	Sensei Mike Fedyk Sensei Dirk Heene

**Price per DVD box:**

members: €15,00  
Non-members: €20,00

The DVD boxes will be available during the Gasshuku's and other courses.

**To be sure of a copy during those courses please order in advance by emailing**  
livia@gendai.be





## Instructor Certificates

**Instructor Certificates** are of course still available at 25,00 EUR. To apply, please comply to the rules you can find on the KSKA website and send the necessary documents digitally to the Secretary for evaluation and processing.

## Contributors to this newsletter

Contributors to this newsletter :

- Shihan Dirk Heene, President
- Livia Castro, Treasurer
- Tom Van Achte, Secretary
- KSKA Australia
- Arie Farkash
- Yvette Martens
- Raimo Lappalainen



Dirk Heene  
9de Dan

**Senseis:**



## KAN GEIKO Karate winter training

**3 -4 January 2026**



Tom De Gersem  
5de Dan

**Dirk Heene (Belgium)  
Tom De Gersem (Belgium)**



from 7<sup>th</sup> KYU and up

**Price:**

€ 35 whole course  
€ 15 one training

**Open course**

**Program:**

Saturday 03/01      10.30 – 12.00  
                                 13.00 – 14.30  
Sunday 04/01      10.30 – 12.00

**Doors open half an hour before the training starts**

**Venue:**



Sporthal stedelijke basisschool Kermt  
Ten Hove  
3510 Hasselt/Kermt

**Accommodation:**

There is a possibility to stay in Honbu Dojo.  
(Bring sleeping bag and mat, please).

Sleeping + breakfast: € 18/night/person (max. 25 pers.).  
(please announce before 1 January)

For hotel accommodation: See website Hasselt: [www.hasselt.be](http://www.hasselt.be) For  
Youth Hostel: [www.jeugdherbergen.be/hasselt](http://www.jeugdherbergen.be/hasselt)

**More info:**

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Herkenrodebosstraat 40 – HASSELT  
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Tel.: +32 479/31 84 40 (Yvette MARTENS)

e-mail: [info@honbudojo.be](mailto:info@honbudojo.be)

Since several years there is an exchange between



Hagakure Karate  
Capannori



Honbu Dojo Hasselt

**All PDF Reader**