

KSKA AKI-GASSHUKU

Espinho, Portugal

9th to 11th October 2020

Under the instruction of KSKA Shihankai

Dirk Heene, 9th Dan (Belgium)

Jim Martin, 8th Dan (Scotland)

Michaylo Fedyk, 7th Dan (England)

Pascal Petrella, 7th Dan (Germany)

Juan-Pablo Delgado, 5th Dan (Spain)

Nico Ibscher, 5th Dan (Germany)

Host:

Kase Ha Shotokan Ryu Karate-Do Academy

Organisation:

KSKA Portugal - contact Sensei Filipe Sancho

Email: filipe.sancho@gmail.com - Phone: +351 912 114 091

Course Venue:

Name of dojo: **Napoleão Guerra Sports Hall (Pavilhão)**

Address: **Rua da Mina, 59, 4500-704 Espinho**

GPS: **41.004927, - 8.604332**

Training:

Friday	Saturday	Sunday
19:00 – 21:00hr	10:00 – 11:30hr	10:00 – 12:00hr
	12:00 – 13:30hr	

Registration opens one hour before the start of the training.

KSKA Passport:

Please present your KSKA passport to the Secretary upon registration for signature of attendance.

Grading:

Saturday 14:00 – 16:00hr

GDPR:

Please note that a group photograph will be taken during this course and could be published on the KSKA website and/or News Letter. Should you wish not to participate due to privacy reasons that is your prerogative and you should withdraw whilst the photograph is being taken. Other than the above and as far as is reasonably practicable, the taking and publishing of video or photographs will be restricted, but the KSKA cannot not be held responsible for individual actions that fall outside of our control.

Course-Dinner:

Saturday 10th October 2020 at 20:00 hr.

The course dinner will be held at: **Restaurante O Golfinho**,
Rua (street) 2, Nr. 663, in Espinho, GPS: 41.007656, -8.645837

Academy members wishing to attend should notify Sensei Filipe Sanchobefore 3rd October 2020 and inform the main dish you wish to eat.

The cost for the dinner is €25 per person.

- Menu:
- Typical Portuguese starters.
 - Vegetables Soup.
 - Main dish: Typical Portuguese Seafood Rice **or** Grilled Veal with Cheese and Chips.
 - Drinks included (red or white home mature wine, red or white home green wine, beer, juices and water).
 - Desert: Pudding, Cold Cake, Biscuit Cake, Chocolate Cake or Fruit.
 - Coffee.

General Assembly:

Saturday 10th October 2020. Venue to be confirmed.

Transportation:

Recommended airport: Porto (Opo).

Please note that flight to Porto can be really cheap if you book you early.

A pick-up service is organized to transport participants from Porto airport to Espinho (PraiaGolfe Hotel) for Thursday, the 8th, and Friday, the 9th. The same pick up service will be at participants disposal from Espinho (PraiaGolfe Hotel) to the Sports Hall and back for Friday, the 9th, Saturday, the 10th, and Sunday, the 11th. Still the same pick up service will be at participants disposal from Espinho (PraiaGolfe Hotel) to Porto airport on Sunday, the 12th, and Monday, the 13th.

To make the pick-up service more efficient the organization wishes to transport the participants in groups, so please send us your flight schedule as soon as you have it confirmed, also the same principal will be followed for the transport between Espinho (PraiaGolfe Hotel) and the Sports Hall and back. For the pick-up service each participant is asked to pay a 25,00€ fee.

Traveling from and to Porto airport by train:

When not using the pick-up service or car rental the organization advises train solution to travel from Porto airport to Espinho and back.

Participants in this case must look for the Metro station at Porto airport. From there you must travel on the Purple line, E letter, to Campanhã station, that is also a Railway station.

From Campanhã Railway station you must travel by train to Espinho.

The reverse trip is equally possible to do.

You may start this complete trip every 40 minutes approximately.

Accommodation:

Choice of Hotels:

Recommended hotel:

PraiaGolfe Hotel

Rua (street) 6, PraiaGolfe building, in Espinho,
GPS: 41.009738, -8.64510

Reservations must be done directly with the hotel to the email comercial2@praiagolfe.com, mentioning the code word "**#GasshukuPT2020**". The hotel might ask for a credit card number to guarantee your reservation, it's a normal procedure, but payment will only be made during your stay.

Special prices per night are agreed with the hotel, breakfast and free access to SPA included (please note that these prices can only be guaranteed for reservations made before the 1st of September, after this date prices might change depending on the demand):

Single STD APA - €65 (city view).
Single SUP APA - €70 (side sea view).
Single PRE APA - €75 (frontal sea view).

Double STD APA - €75 (city view).
Double SUP APA - €80 (side sea view).
Double PRE APA - €85 (frontal sea view).

Several other hotels can be found in Espinho.

Economic local accommodation can be found at Airbnb website or directly with Sensei Filipe Sancho.

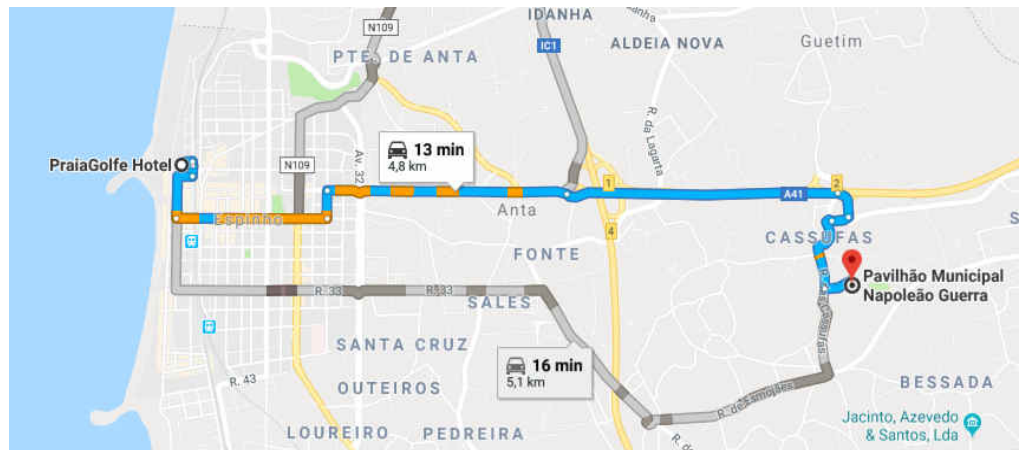
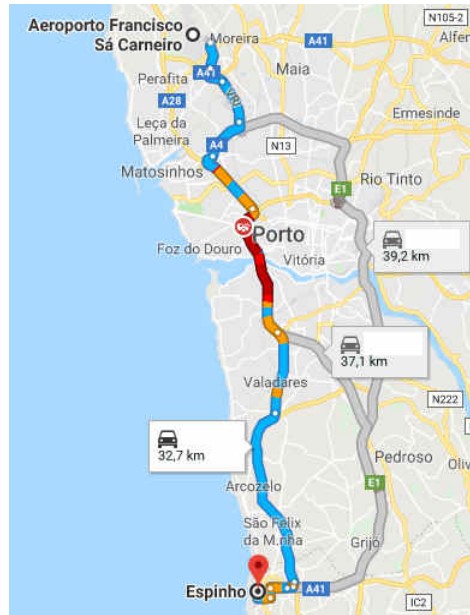
Course Fee:

Non-KSKA Members	Price to be confirmed
KSKA Members	No Charge

KSKA Note:

The course organiser and/or Kase Ha Shotokan Ryu Karate-Do Academy cannot be held responsible for any loss, damage or injury that may occur during the Gasshuku.

Additional Info:



Espinho is a touristic town mainly for the beach and sea activities, including surfing.

Nearby you can visit the Santa Maria da Feira medieval castle.

In Porto and Gaia you can visit the Porto wine caves and enjoy a drink nearby the Douro river.