



加瀬派松濤館流

## XXI INTERNATIONAL KARATE-DŌ SUMMER COURSE KASE HA SHŌTŌKAN RYŪ / CÁDIZ-SPAIN 7<sup>th</sup>-10<sup>th</sup> JULY 2022

Sensei Juan Pablo Delgado, 6<sup>th</sup> Dan  
Student of Shihan Kase



### TRAINING:

**THURSDAY, JULY 7**

(18:00H: Registration)

18:30-20:30H

**FRIDAY, JULY 8**

8:00-9:15H

At the beach

(in front of Victoria Hotel)

18:30-20:30H

**SATURDAY, JULY 9**

10:00-11:30H / 12:00-13:30H

**SUNDAY, JULY 10**

10:00-11:15H / 11:30-12:30H

12:30-13:30H: Yoga for Karate-Dō

(Stretching and warming down with

Sensei Peter Taylor 4<sup>th</sup> Dan Karate-Dō and yoga master)

### VENUE:

IES Rafael Alberti (Medina Sidonia Street, 23. 11012 Cádiz).

### COURSE FEE

Whole course: 35€ / Two days: 25€ / One day: 15€

- The organiser cannot be held responsible for any loss or injury that may occur during the course

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