

RUSKA SEMINAR

40 YEARS KARATE IN IISALMI

20. - 22.9.2024
KARATE-DO
SHOTOKAN RYU KASE HA

THEME: Kase Ha

Friday

19:30-21:00 all, Dirk

Saturday

10:00-11:30 all, Dirk

12:00-13:00 lunch

14:30-16:00 kyu, Jarmo

16:00-17:30 dan, Dirk

18:30-> Rock'n Karate Roll

20:00-> Sauna & hot bath
Barbecue

Sunday

10:30-12:00 all, Dirk

Prices

65€ / Seminar, all

75€ / Seminar, dan grades

40€ / One day

20€ / One session

25€ / Saturday dinner

Price includes Sauna & hot bath

Booking

Email: info@hombu.fi

Tel: + 358 40 5077 535



Accommodation/night

15€ / person, group room

20€ / person, double room

25€ / person, single room

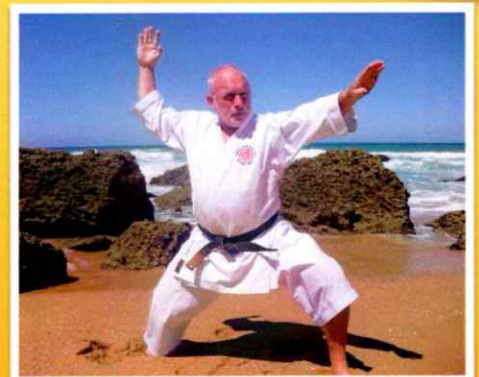
30€ / person, cottage

Participants outside of Finland

FREE ACCOMMODATION!

FREE TRANSPORTATION FROM

KUOPIO AIRPORT!



Dirk Heene
9th dan



Jarmo Niiranen
5th dan

LEARN & ENJOY GREAT KASE HA KARATE

Hombu, Aittokoskentie 553, Sonkajärvi

HOMBU