

## Natsu-Gasshuku Helsinki 2025

**KSKA Natsu-Gasshuku Helsinki 2025**Friday 9<sup>th</sup> May – Sunday 11<sup>th</sup> May 2025

Under instruction of the KSKA Shihankai

Dirk Heene, Jim Martin, Michaylo Fedyk,

Pascal Petrella, Juan Pablo Delgado and Nico Ibscher



The first Gasshuku of the year 2025 / Natsu-gasshuku will be held in Helsinki, Finland, where the KSKA welcome your attendance in support of the Academy.

Organisation: Kase Ha Finland  
Jarmo Niiranen

Email: [coperate.jarmo@gmail.com](mailto:coperate.jarmo@gmail.com)

Phone: +358 40 869 93 32

Dojo: Olympic Stadium, Paavo Nurmen tie 1, 00250 Helsinki

**Training:**

<b>Friday</b>	<b>19:00 - 21:00</b>
<b>Saturday</b>	<b>10:00 - 11:30 and 11:45 - 13:15</b>
<b>Sunday</b>	<b>09:30 - 11:30</b>

**Grading:** For sandan and higher grades ONLY  
Saturday from 14:00

Course Dinner: Saturday 10<sup>th</sup> May 2025 @ 19:00  
Place: Ravintola Caverna, Yliopistonkatu 5, 00100 Helsinki  
<https://caverna.fi/en/>  
Price: 55,00 EUR per person, to be paid at the restaurant  
If you want to attend the course dinner, please notify Jarmo **before April 15<sup>th</sup>** !

General Assembly: All KSKA members (with voting rights) are invited by the Shihankai & Executive Committee to attend the Yearly General Meeting in person, which will be held during the Natsu-Gasshuku on Saturday May 10<sup>th</sup> 2025 at 17h00 in the meeting room of Hotel Haaga Central Park, Nuijamiestentie 10 00320 Helsinki

Accommodation: There are many possibilities in Helsinki City Center (hotels, youth hostels, bed & breakfast, AirBnB, etc...). Please make your own reservations online.  
The following 2 hotels are especially recommended, not very far from the Olympic Stadium (walking distance):  
Crowne Plaza Helsinki – Hesperia, Mannerheimintie 50, 00260 Helsinki  
[www.finland.ihg.com/hotellit/crowne-plaza-helsinki-hesperia](http://www.finland.ihg.com/hotellit/crowne-plaza-helsinki-hesperia)  
Scandic Park Helsinki, Mannerheimintie 46, 00260 Helsinki  
[www.scandichotels.com/hotels/finland/helsinki/scandic-park-helsinki](http://www.scandichotels.com/hotels/finland/helsinki/scandic-park-helsinki)

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**Travel:** Helsinki has a big international airport, so travelling from abroad you will most likely land in Helsinki. From the airport, it is recommended to take the train to the city center where most accommodations can be found to stay, it takes about 30 minutes. More information can be found following this link : [www.finavia.fi/en/airports/helsinki-airport/access](http://www.finavia.fi/en/airports/helsinki-airport/access)

**KSKA Passport:** Registration opens 30 minutes before the start of the training. Members please present your KSKA passport to the Secretary upon registration for signature of attendance.

**Course Fee:** Non-KSKA Members: 60,00 EUR full course or 15,00 EUR per training.  
KSKA Members: no charge.

**Participant Level:** All non-members are welcome to attend from the level of **3<sup>rd</sup> kyu** (brown belts) and above.

**GDPR:** Please note that a group photograph will be taken during this course and could be published on the KSKA website and/or Newsletter. Should you wish not to participate due to privacy reasons that is your prerogative and you should withdraw whilst the photograph is being taken.  
Other than the above and as far as is reasonably practicable, the taking and publishing of video or photographs will be restricted, but the KSKA cannot not be held responsible for individual actions that fall outside of our control. There can be a KSKA video recording of the instructions.

**KSKA Note:** The course organiser and/or Kase Ha Shotokan Ryu Karate-Do Academy cannot be held responsible for any loss, damage or injury that may occur during the Gasshuku.